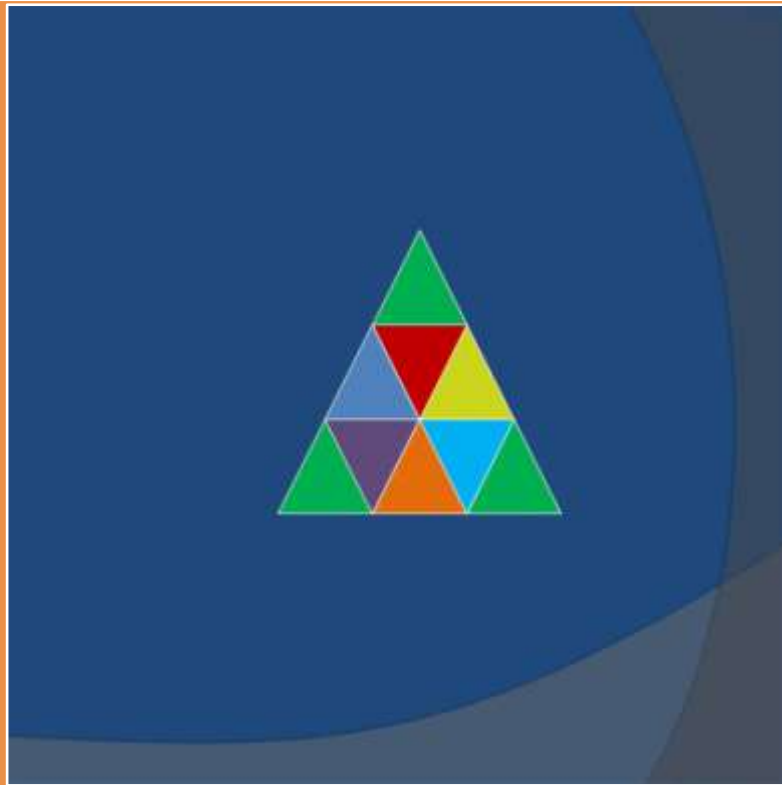


# The More Information the Better



**Principle #2 from  
7 Secret Principles for Parents  
By Peter Hanfileti, MD**

The second secret principle I think all parents should know is something I call “The more information, the better”. This is a simple statement, but I think it reflects what we all know and hope to instill in our current generation of kids. If we were like robots, there would be no need for more than one answer to every question. However, we are quite a diverse people and species, and we all know intuitively that people are different, have different preferences, beliefs, customs, cultural norms, etc.

I find it surprising that among all the many institutions we participate in as a society, the medical world seems to be oblivious to this obvious fact. People are different and diversity is the norm, not the exception. Therefore, I think it only makes sense to seek out as much information as possible that is relevant and specific to your child (not anyone else’s). This is the only way to find out what will work for your child.

This is why I am an advocate for exploration and experimentation on your part as a parent. It seems to me to be the only way to find the right combination of modalities or treatments that will help out your individual child and family. I often use the following analogy to explain this concept to parents in my office.

Imagine if our goal was to see if your child was musically inclined or if they had a special talent for music. Now, imagine if we exposed your child to one style of music, perhaps jazz or classical. After one exposure to one genre of music, could any of us come to any kind of conclusion whatsoever about your child’s musical ability, interest, or talent? No, of course not. In order to be comprehensive and truly answer the question, the intelligent way to go about this would be to give your child multiple experiences, with multiple styles of music, on multiple days and in many different scenarios.

I think the same could be said for sports. Do you take your child to one game or practice, and base their decision or yours as to whether they like it, on that one experience of that one event? How silly would that be?

And yet, we take that same logic and use it to make medical and health related decisions. It is my belief that if more parents were given this explanation of how short sighted this approach is for their kids, many more would explore the many good options available to them for the benefit of their children.

I further think we have to ask ourselves the question, what are the factors that either promote or prevent this exploration of possibilities. As a pediatrician trained in the conventional medical model, I freely admit that the “scientific approach” has its merits and advantages but I also believe it has some tremendous blind spots as well. It is my contention that a combined approach that takes into account the physical, measurable, scientific side of things, along with the energetic, non-measurable, non-physical related factors, is the best way to find what works for your child.

No honest practitioner will claim to know what will work for all children, and I am certainly not someone who thinks I have all the answers. What I have found, is that most parents are yearning and wanting to know all the possible explanations for their child’s condition, especially if problems have been persistent over a long period of time. So what are some of the practical factors you can take from this discussion? Let’s talk about two more aspects: your child’s track record and their style of learning.

No matter what age your child is, they will have what I call a track record. That is, their history of experience so far in this world. One of the areas of emphasis I delve into with parents when I see their kids in my office, is this concept of their child’s track record. What your child has experienced plays a tremendous role in how they perceive and interact with the world. Of course, as the parent of your child, you have been there throughout this track record and you have first hand knowledge about what this has been like for your child. Once we add the energy medicine understanding and way of describing what has gone on

with your child, it opens up many more possible ways to work with and enhance your child's energy system and how it functions.

Another important concept which will drive you to seek out more and more options is the style of learning your child exhibits. This is also an outgrowth of observing your child's track record. You will know (if you don't know already) how your child best learns and absorbs information. It is well known that some kids are visually oriented, some auditory or hearing oriented, and some are kinesthetic or feeling oriented. I have written about this previously in my book called *Energy Medicine Principles for Parents*, but I will briefly summarize it here. The way your child best learns is an important differentiating factor that you absolutely must know. Once you know this about your child, you can promote and enhance their learning and actually accelerate the pace at which they learn. This diversity of learning styles further supports the notion that finding more information in different forms, is always better in my opinion, than trying to conform or pigeon hole your child into a predetermined mold or style of learning.

So, to bring this back to the second secret principle which says "the more information the better", I want to share with you how this adds to the first principle, which is that energy is the missing link. By combining these first two principles, we have changed the possibilities and increased the chances of finding what will work for your child dramatically. The exponential increase in your understanding is worth more than any medicine or quick fix procedure for your child. I know that you will gain so much more by understanding this critical component of your child's life experience, and I'm confident it will make your job as a parent much easier and enjoyable when you realize you have many more options available to you than you may have every thought before.